



William Beaumont Army Medical Center WALK-IN WELLNESS



Public Health
Prevent. Promote. Protect.

A confidential way to get to tested for an STI (Sexually Transmitted Infection) without having to see a provider first.



How does it work?

1. Go to East Bliss Clinic Lab
2. Tell lab staff you want "Walk-In Wellness Testing"
3. Lab collects blood and urine
4. APHN will call you if your results are positive and treat you.



What will I be tested for?

- HIV
- Chlamydia
- Gonorrhea
- Syphilis

Who can use this service? Any Tricare Beneficiary who is not pregnant and is over the age of 18



Why should I get tested?

Knowing your STI status is an important step in stopping the spread of infection.

Untreated infections can cause more health problems.

When should I get tested?

Within one week of unprotected sex with a new partner.

At least 21 days after last STI treatment.



See your doctor or go to the ER immediately if:

- Testicle pain
- Abdominal pain
- Pelvic pain
- Fever
- Discharge from penis, vagina, anus

What can you do to protect yourself?



- Wear condoms 100%
- Abstain from all sexual activity
- Have sex with just one person that you trust
- Get the HPV vaccine



Need more information? Contact Army Public Health Nursing or your PCM References: <https://www.cdc.gov/std/prevention/default.htm>